



Nose augmentation or Rhinoplasty

The nose is the central feature of your face. The size and shape of it therefore define the overall balance of your face. A simple surgical alteration can have a huge impact on the overall appearance of the face and therefore on self-confidence.

The nose can be changed in many ways, thus enabling the surgeon to create a new look to your face. The size can be increased or reduced, the shape of the bridge and tip changed, bumps removed, nostrils narrowed and the angle between the nose and the upper lip changed.

Frequently asked questions:

Who is it for?

What can I expect?

What will surgery involve?

What will recovery look like?

What are the possible risks or complications?

Who is it for?

- For those who are unhappy with the size or shape of their nose
- For anyone who may have had an injury which has affected the shape of the nose

What can I expect?

There are many variations to this procedure. The size, breadth, shape and angle of the nose can all be changed. This is one of the most impactful cosmetic procedures available.

Changing the nose can really enhance the overall appearance of the face and really give a boost to self-image and self-confidence.

What will surgery involve?

A consultation with your surgeon will help you to decide exactly what changes you would like to be made to your nose. The alterations are normally made to the nose by accessing the nose internally. The bone and the cartilage can be manipulated to gain the desired shape. If the size of the nostrils needs to be altered then incisions are made in the natural creases of the nose. Surgery requires a general anaesthetic and an overnight stay and usually lasts for around 2 hrs.

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What will recovery look like?

A small plaster or splint will be placed on the nose for 7 – 10 days to help to keep it in the desired shape and to help to protect it. The nose and surrounding area will be swollen and bruised and it is not unusual for the nose to bleed a little in the first few days. If the nose is painful you will be prescribed painkillers.

Swelling and bruising may last for a few weeks and it is advisable to take two weeks off work. We advise that you do not fly for 10 days after surgery. You are advised against any strenuous activity for 2-3 weeks and no contact sports or similar activities for 3 months.

What are the possible risks or complications?

Rhinoplasty is one of the most commonly performed cosmetic procedures and generally is done without complications. All surgery however does carry an element of risk.

Complications can include an unexpected reaction to the anaesthetic, bleeding, infection or clot formation. These risks are minimised by experienced surgical technique, specialist care and by using highly qualified surgeons and nursing staff.

The risks are also minimised by making sure that you are in good general health before your operation. Your consultation with your surgeon will give you advice on how best to achieve this as well as letting you know of any risks which may apply to you